



2011 Weekly Planner: For the Weekend Gourmet Gardener (Paperback)

By Sylvia Ledoux

Createspace, United States, 2011. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. 2011 Weekly Planner for the Weekend Gourmet Gardener by Sylvia LeDoux is a hands on weekly planner. Each week is a spread that features a herb, vegetable, fruit or fruit tree that you can learn to grow! Each week s featured plant has daily text with information on how to grow, harvest or use a large variety of garden plants. There is a wealth of information in this planner including the nutritional and medicinal qualities of each featured plant. It is not expected that you grow everything in this book at once, only to gain its knowledge and learn from it over the course of the year. This book contains ideas and concepts that make you a leaner and greener part of this world! Take the time to read each daily text as you use this planner. You will gain knowledge to grow, harvest and use health promoting herbs, vegetables and fruit. The key to health reform in this nation is not to change policy, but to become proactive in our own lives. Composting and growing food...



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