



## Bhakti Karma Yoga - The Science of Devotion and Liberation Through Action: (Ayp Enlightenment Series) (Paperback)

By Yogani

Createspace, United States, 2012. Paperback. Book Condition: New. 198 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Bhakti and Karma Yoga - The Science of Devotion and Liberation Through Action covers the systematic application of the essential principles of desire and devotion to aid us in achieving our goals and spiritual aspirations. Through inspired action we can transform our life experience to one of ecstatic bliss and outpouring divine love. In combination with an effective daily routine of yoga practices, the applied principles of bhakti and karma yoga elevate the relationship of our desires and actions to divine expression, greatly hastening our progress toward enlightenment. Yogani is the author of ground-breaking books on highly effective spiritual practices, including: Advanced Yoga Practices - Easy Lessons for Ecstatic Living (two comprehensive user-friendly textbooks), and The Secrets of Wilder, a powerful spiritual novel. The AYP Enlightenment Series makes these profound practices available for the first time in a series of concise instruction books. Bhakti and Karma Yoga is the eighth book in the series, preceded by Self-Inquiry, Diet, Shatkarmas and Amaroli, Samyama, Asanas, Mudras and Bandhas, Tantra, Spinal Breathing Pranayama, and Deep Meditation.



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